

Cookies/Bars	
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Recipe:	Chocolate Chip Cookies
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Heat oven to 375 degrees. Mix sugars, butter, shortening, egg and vanilla. Stir in remaining ingredients. Drop by rounded teaspoonfuls about 2 inches apart onto un-greased cookie sheet. Bake until light brown, 8 to 10 minutes. Cool slightly before removing from cookie sheet.

Note: Can also be baked all at once for a “pan cookie”

Software:
1/2 cup sugar
1/2 cup brown sugar
1/3 cup butter, softened
1/3 cup shortening
1 egg
1 tsp vanilla
1 1/2 cup flour
1/2 tsp baking soda
1/2 tsp salt
1/2 cup chopped nuts
6 oz chocolate chips

Hardware:
Mixer
Cookie sheets

Nutrition Info:

Serving Size	1 cookie
Servings	@ 18
Per Serving:	
Calories	202.7
Total Fat	11.4 g
Saturated Fat	4.5 g
Polyunsaturated	2.8 g
Monounsaturated	2.8 g
Cholesterol	22.5 mg
Sodium	109.2 mg
Total Carbohydrate	24.0 g
Dietary Fiber	0.5 g
Sugars	11.6 g
Protein	2.0 g